



TIGER KIM'S TAE KWON DO CENTER

115c Vervalen St. Closter, NJ 07624

201-767-7171

www.TigerKimsUSA.com

Effective January 4th, 2010

CLASS SCHEDULE

CLASS	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Little Tigers		3:45~4:15		3:45~4:15	3:45~4:15	9:45~10:15
Children White~Green	4:30~5:15	5:00~5:45	3:45~4:30	5:45~6:30	4:15~5:00	10:15~11:00
Children Blue~Brown	3:45~4:30	4:15~5:00	4:30~5:15		5:00~5:45	11:00~11:45
Children Red~Pre-Black	5:15~6:00	5:45~6:30	5:15~6:00	4:15~5:00	5:45~6:30	11:45~12:30
Children Black	6:45~7:30		6:45~7:30	5:00~5:45	6:30~7:15	11:45~12:30
Children Black Belt Club	6:00~6:45					
Children Sparring			6:00~6:45			
Junior White~Red 2		6:30~7:20		6:30~7:20	7:15~8:05	12:30~1:20
Junior Pre-Black & Up	7:30~8:20	7:20~8:10	7:30~8:20	7:20~8:40	7:15~8:05	12:30~1:20
Adults (AM)	10:00~10:50		10:00~10:50			
Adults (PM) All Belts	7:30~8:20	7:20~8:10	7:30~8:20	7:20~8:40	7:15~8:05	12:30~1:20
Jr./Adult Sparring				7:20~8:40		
Family Class						12:30~1:20
Special Class		8:10~9:00				

Little Tigers	3½ ~ 5 Years Old	Junior	10 ~ 14 Years Old
Children	6 ~ 9 Years Old	Adult	15 & Older
Adult	Advanced Class. Require Sparring gear.		

* Prior to attending a different age level class, students must consult the Masters for a recommendation.

Additional Programs

Trial Classes	Try our exciting trial program which includes two classes plus uniform for only \$40. This is an opportunity to seek all the great benefits of martial arts.
Board Breaking Days	On Tuesday and Wednesday before the monthly belt promotion test, students have the opportunity to practice and refine their breaking techniques and also gain many personal benefits. All breaking is supervised.
Sparring Drill Week	Children blue belt and higher and all junior and adult belts participate in the awesome sparring drills, taking what is learned to the next dimension.
Black Belt Club	Special class for students who are willing to commit and put forth the extra effort towards becoming a true martial artist.
Birthday Parties	Who better to help celebrate your child's birthday than the fun and enthusiastic instructors at our school? The 1 ^{1/2} hour party includes a high energy class, games and more. Flyers available in the office. Make reservations early!
Special Events	We also offer a full calendar of dynamic events designed to improve your martial arts experience and foster friendship among students and families.

* Read more about us and the benefits of Martial Arts on the Back Page.

Quitters Never Win, Winners Never Quit!

I am Not A Quitter, I am a Winner!!!